

Table of Contents

Introduction:	
Using the Workbook	1
Module 1	
Why am I interested in enabling occupation?	5
Exercise #1 Starting the journey	5
Module 2	
What is the context for enabling occupation?	7
Exercise #2 Mapping the context for enabling occupation	7
Module 3	
What is the Canadian Model of Occupational Performance (CMOP)?	11
Exercise #3 Self-reflection using the Canadian Model of Occupational Performance	11
Exercise #4 Occupational assessment: Using the Canadian Model of Occupational Performance with clients	15
Exercise #5 Analyzing occupations	18
Module 4	
What is the process of enabling occupation with clients?	21
Exercise #6 Introducing client-centred practice	21
Exercise #7 A client-centred process for enabling occupation	23
Module 5	
How could services be organized for enabling occupation?	27
Exercise #8 Telling systems stories	27
Exercise #9 Auditing documents for enabling occupation	29
Module 6	
How do I know when I am enabling occupation?	31
Exercise #10 Establishing a place for enabling occupation	31
Exercise #11 Illustrating enabling occupation	33
Exercise #12 Discussing society's need for occupational therapists	35
Bibliography for Canadian guidelines for occupational therapy's client-centred practice	37
References and further readings	37
More about the authors	39
