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About the Editors

Wendy Pentland, OT.Reg.(Ont.), MEd, PhD PCC

Wendy completed her occupational therapy education in Canada in 1978. She has worked clinically as an occupational therapist in both Canada and Australia in mental health, physical rehabilitation and community-based rehabilitation. She obtained her PhD in Rehabilitation from Curtin University in Perth, Western Australia in 1992. Since 1987, Wendy has been a professor in the Occupational Therapy Program, School of Rehabilitation Therapy at Queen's University in Canada. In 2010, she developed and has since taught, a required course on the application of coaching in occupational therapy that students take in the final year of their MSc Occupational Therapy curriculum. Wendy completed her coach training with the Adler School of Professional Coaching in Toronto, Canada in 2004 and has been an International Coach Federation Professional Certified Coach (PCC) since 2006. She believes passionately in the power of the coaching approach for enabling people to create and live the lives they want and to thrive. As Wendy retires from her academic position this year, she is excited to have more time to devote to working with clients in her coaching private practice!

Jeanette Isaacs-Young, PCC, Reg. OT, Australia

After graduation in Australia in 1974, Jeanette worked as an occupational therapist in community mental health and drug and alcohol addiction before teaching occupational therapy in Melbourne. She retired from full time academia in 1985, to craft a life seeking balance, growing vegetables and people. She presently lives in Queensland, Australia. Jeanette continues to dwell around the edges of occupational therapy where she has enjoyed influencing leaders and potential leaders in various roles, most recently as coach. Coach training completed in 2005 led her to become a certified coach with the International Coach Federation, gaining her Professional Certified Coach (PCC) in 2014. Coaching as a registered occupational therapist in part time private practice enables her to leverage her experience and her passion for helping people grow and linking people and resources. Planting seeds, setting off ripples on ponds, rattling the cages of our assumptions about ourselves - these are metaphors for her life's work.

Jen Gash, BSc. Hons. OT, HCPC, Dip Coaching, UK

Jen is an occupational therapist, coach and practising artist based in South Gloucestershire, UK. Jen became an OT in 1997, due to a deep-seated belief in the power of creativity to transform and heal. Training as a coach in 2005, Jen established OTCoach initially to support occupational therapists who were

struggling with personal and professional issues, but it soon became clear how a coaching approach could work to strengthen the occupational therapy process. Today she is Director of OTCoach which supports OTs personally and also teaches OTs coaching skills. She is also founder of Discovery Party, which uses coaching in a party game format where friends have an opportunity to discover and declare what is important to them and design lives that they want, all in a fun and mutually supportive context. Jen is also a visiting lecturer at Worcester University, working to introduce undergraduate OTs to the world of coaching. Somehow she finds the time to paint.

Amy Heinz, OTD, OTR/L, CLCP

Amy Heinz has been practicing occupational therapy in the United States since 1995 and has over seventeen years of experience educating occupational therapy students. She was most recently Associate Professor and Program Director for the Occupational Therapy Assistant Program at St. Catherine University in Minneapolis, Minnesota. In 2002, she completed a master's degree in organizational leadership, and became a certified life coach. Amy immediately discovered the close connection between occupational therapy and coaching, and found that coaching tools and techniques bettered her occupational therapy practice as well as interactions with students and colleagues. She has experience leading group coaching programs for college students and individuals living with multiple sclerosis, as well as training occupational therapy students in the use of coaching. She has presented at the state and national level on integrating coaching into occupational therapy practice, and is a firm believer that coaching training should be a part of occupational therapy education. Amy's doctoral research and passion for coaching is aimed at the use of coaching to support clients in self-managing their health, particularly those with chronic conditions.



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